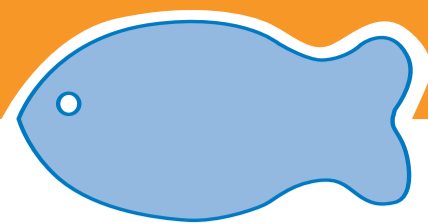


Wine List is on the reverse



LEMON SOLE
seafood restaurant and grill

123 High Street, Old Portsmouth,
Hampshire PO1 2HW
Tel: 02392 811303
Website: www.lemonsole.co.uk

Opening Hours
Open Seven days a week for Lunch & Dinner

Lunch 11.30 to 14.30 (Last Order)
Sunday Lunch 11.30 to 15.00 (Last Order)
Dinner Sun - Thurs 17.30 to 22.00 (Last Order)
Dinner Fri & Sat 17.30 to 22.30 (Last Order)

Starters

- Soup of the day** £4.95
- Lemon Sole's Lobster Bisque with Cognac & Cream**
For One £6.50 For Two £10.50
- Duo of White Bait and Calamari** £6.95
- Crabtini** £6.95
with Vinaigrette
- Beef Tomato filled with Lobster, Crab Meat and Prawns** £7.95
with Marie Rose Dressing
- Caramelised King Scallops** £9.95
Seared with Bacon
- Shell-on Atlantic Prawns**
1/2 Pint £5.95 Pint £9.90
- Field Mushroom filled with Crab Meat** £6.95
with Cheddar Cheese Sauce
- Moules Mariniere Starter** £5.95 with French Bread
Main £10.95 with Bread & Chips

- Fresh Asparagus wrapped in Bacon** £6.50
with Hollandaise Sauce
- Warm Goats Cheese, Rocket leaves & Tomato Stack** £5.95
with Balsamic Dressing
- Deep Fried Brie** £5.95
with Cranberry & Chilli Dip
- Oysters on Ice**
Six - £7.95 **Twelve** - £13.95
Served with Chilli & Coriander Dressing

While You Wait

- Selection of Breads** £2.95
with Marinated Olives, Butter, Olive Oil and Balsamic Vinegar
or **£1 per person for 4 people or more**

Fresh Fish & Seafood

Our Speciality... The Fresh Fish and Shell Fish Counter

Filled with all the fresh fish and seafood we could buy at today's fresh fish market. Visit our Counter just to pick up your own fresh fish then choose the accompaniments and a sauce and we will cook it to your order with Lemon Olive Oil, Garlic and Herb Butter, White Wine and Butter or just Butter. All Fish Counter Main Courses are served with your choice of Home Made Chips, New Potatoes or Mash of the Day.

£ Individually Market Priced

Sauces (one sauce per main course)

Red Pepper Basil & Chilli • Lemon & Thyme • Buerre Blanc • Mushroom & Fennel • Hollandaise

CHEF'S RECOMMENDATIONS

- Whole Grilled Lobster Thermidor** £24.95
- Char Grilled Sword Fish on a Bed of Classic Caesar Salad** £14.95
- Grilled Lemon Sole on a Bed of Roasted Peppers** £ Market Price
Served with Creamy Seafood Sauce
- Chargrilled Tuna Steak on Warm Niçoise** £15.95
- Grilled Mixed Fish Platter** £17.95
- Grilled Mixed Fish Platter with 1/2 Lobster** £24.95
Lemon Sole, Cod, Salmon, Gambas & Mussels (and Lobster)
cooked in Lemon Olive Oil
- King Scallops and Jumbo Tiger Prawns in Garlic and Herb Butter** £16.95
Served on the Bed of Char Grilled Mediterranean Vegetables
- Monk Fish wrapped in Bacon** £16.95
Served on the Bed of Caramelised Mixed Vegetables
- 1/2 Lobster and Mixed Shellfish & Mussels on a Bed of Linguine** £17.95
with Garlic, Chilli, Tomato and Basil Sauce

Lemon Sole's Fish Love Affair £39.95

"A fish lovers heaven for two".

A trio of Fresh Fish, accompanied by Mussels, Gambas and Home Breadcrded Squid, finished in a Cream based Mixed Herb Sauce.
Served with Mixed Salad & French Bread

Fruits De Mer Platter

For One £19.95 **For Two** £34.95

A Half/Whole Lobster served cold with a selection of our Finest Shellfish

GRILLS

Prime Scotch Steaks

Cooked to your choice

Served with Field Mushrooms, Fat Chips

Stilton, Peppercorn, or Dianne Sauce £1.25 each

Fillet Steak £18.95

Sirloin Steak £16.95

Served with 1/2 Lobster £10.00 extra

Vegetarian Dish of the day £10.95

Sides & Salads

- Steamed Broccoli** £2.95
- Sauteé Potatoes or Fat Chips** £2.50
- Boiled New Potatoes with Mint** £2.50
- Fresh Spinach with Garlic & Chilli Oil** £2.95
- Steamed French Beans in Olive Oil and Balsamic Vinegar** £2.95
- Greek Salad with Feta Cheese & Olives** £3.95
- Rocket, Parmesan & Tomato Salad** £3.95

All prices include VAT. A discretionary 10% service charge will be added to all bills.

Lemon Sole & Crofts sources the very best free range ingredients from small independant producers within Hampshire. We are a member of HAMPSHIRE FARE. At least 80% of our food comes from within a 35 mile radius of Old Portsmouth. This means that our menus are shaped by seasonal availability
All food is prepared fresh to order, during busy times we apologise in advance in case of some delay.

Company Registration No. 04117017 VAT Registered No. 880 8362 00